



Design your own Sports Day

Ancient Greek lifestyle

The Ancient Greeks loved **competition** of any kind but their idea of friendly competition was anything but friendly.

Olympic Games

One of the most important competitions was the **Olympic Games**, which have been held for nearly **3,000** years.

Unlike our Olympic Games today where competitors win medals, the ancient Greek athletes competed for **glory**. Winners received a **wreath of leaves**. They were welcomed as **heroes** when they returned home, as they were considered to have been **favoured by the Gods**.

Chariot racing



Running

Boxing



Sports

Some of the Games held in Olympia were quite violent, including

- **Boxing**
- **Chariot racing**
- **Running**
- **Javelin throwing**

Why is pottery important?

One of the ways the Greeks told other people (like you and me!) about how great they were and the sports they played, was through **painted pots**, like these from Bristol Museum & Art Gallery shown here.

Now it's your turn...



Get into teams. If you're doing this from home, you can be a solo competitor!
Plan a game that your whole class can play in an inter-team tournament (*Remember! We're nicer than the Ancient Greeks, so nothing violent! If you're at home, create a series for yourself*)
Hold your own Bristol Olympic Games! (*Remember to think of how you're going to judge the game e.g., the furthest long jump/ the fastest relay... If you're at home, see if you can beat your first attempt.*)
Draw your activity in one of the pot outlines and explain it to someone else (*See the examples below for ideas but let your own creativity shine!*)



Be as creative as you can, and think of the different styles you can invent
 Use a variety of pen styles and detailing through dotting or sharp lines.

Some fun ideas might be...

- Dance-off
- Egg and spoon race
- Tug of war
- Wheelbarrow race
- Hopping race
- Dribbling round cones
- Long jump
- Relay
- Throwing into hoops
- Football dribble

